American Orthopaedic Foot and Ankle Society – Subjective Ankle/Hindfoot Scale

**Please answer the following questions by choosing the most appropriate answer under each heading:**

**During the past 4 weeks…**

**The pain you are having:** O None

O Mild/Occasional

O Moderate/Daily

O Severe

**Activity limitations/support**

**requirements:** O None

O Mild/Occasional

O Moderate/Daily

O Severe

**Walking (Maximum walking distance in blocks (1 block=100-200 yards))**

O Greater than 6 O 4-6 O 1-3 O less than 1

**Walking surfaces:** O No difficulty on any surface

O Some difficulty on uneven terrain, stairs, inclines, ladders

O Severe difficulty on uneven terrain, stairs, ladders